

**THE PARISH OF OUR LADY OF LOURDES & ST JOHN FISHER**

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***PALM SUNDAY – Year B, Weekday Cycle II, Psalter Week 1***

**THE HOLY FATHER'S PRAYER INTENTIONS FOR MARCH 2024**

**FOR THE NEW MARTYRS**

Pope Francis invites prayer “for those around the world who risk their lives for the Gospel, to inspire the Church with their courage and missionary zeal.”

<b>Dates</b>	<b>OLOL MASS TIMES</b>	<b>SJF MASS TIMES</b>
<b>SATURDAY</b> 23.03.2024	9.30 am: Holy Mass	5.00 pm: <b>Vigil Mass of Palm Sunday</b> (For the Sick of our Deanery)
<b>PALM SUNDAY</b> <b>24.03.2024</b>	8.45 am: Holy Mass (David Burns+, Fr. Joseph Teeling+) 11.15 am: Holy Mass (Percy Cracknell+, Julia Hague+) 7.00 pm to 8.00 pm: Community Prayer	5.00 pm: Holy Mass (Francis and Pauline Remedios+)
<b>MONDAY</b> 25.03.2024	9.15 am: Morning Prayer 9.30 am: Holy Mass (Bishop Leo Parker+, Canon Michael Hazell+)	12.30 pm: Holy Mass (Intentions of Yvonne Lim)
<b>TUESDAY</b> 26.03.2024	<b>ONLY MASS ONLINE <a href="http://www.sjbcathedral.org.uk">www.sjbcathedral.org.uk</a></b> <b>Coach leaves at 9.00 am for 11.30 am Chrism Mass in Norwich</b>	<b>ONLY MASS ONLINE</b> <b><a href="http://www.sjbcathedral.org.uk">www.sjbcathedral.org.uk</a></b> <b>Coach leaves at 8.30 am for 11.30 am Chrism Mass in Norwich</b>
<b>WEDNESDAY</b> 27.03.2024	9.15 am: Morning Prayer 9.30 am: Holy Mass	12.30 pm: Holy Mass
<b>MAUNDAY THURSDAY</b> 28.03.2024	<b>9.00 pm: THE LORD'S SUPPER</b> followed by Adoration until midnight in the Church Hall	<b>6.00 pm: THE LORD'S SUPPER</b>
<b>GOOD FRIDAY</b> 29.03.2024	10.00 am: Walk of Witness <b>3.00 pm: THE LORD'S PASSION</b>  6.00 pm-7.00 pm: Stations of the Cross (Syro Malabar) 7.30 pm: Stations of the Cross	<b>6.00 pm: THE LORD'S PASSION</b>
<b>HOLY SATURDAY</b> 30.03.2024	<b>11.00 am: Świąconka</b> 1.30 pm - 5.30 pm: Syro Malabar Easter Vigil <b>9.00 pm: EASTER VIGIL</b> (Canon B. Murray+, Fr Henry Macklin+)	<b>2.00 pm: Świąconka</b> <b>6.00 pm: EASTER VIGIL</b>
<b>EASTER SUNDAY</b> <b>31.03.2024</b>	8.45 am: Holy Mass (David Burns+, Fr. Joseph Teeling+) 11.15 am: Holy Mass (Percy Cracknell+, & Julia Hague+)	5.00 pm: Holy Mass

## ORDER OF MASS

### **A reading from the prophet Isaiah:** 50:4-7

The Lord has given me  
a disciple's tongue.  
So that I may know how to reply to the wearied  
he provides me with speech.  
Each morning he wakes me to hear,  
to listen like a disciple.  
The Lord has opened my ear.

For my part, I made no resistance,  
neither did I turn away.  
I offered my back to those who struck me,  
my cheeks to those who tore at my beard;  
I did not cover my face  
against insult and spittle.

The Lord comes to my help,  
so that I am untouched by the insults.  
So, too, I set my face like flint;  
I know I shall not be shamed.

The word of the Lord

### **Responsorial Psalm** 21(22):8-9,17-20,23-24

#### ***R. My God, my God, why have you forsaken me?***

All who see me deride me.  
They curl their lips, they toss their heads.  
'He trusted in the Lord, let him save him;  
let him release him if this is his friend.' **R.**

Many dogs have surrounded me,  
a band of the wicked beset me.  
they tear holes in my hands and my feet  
I can count every one of my bones. **R.**

They divide my clothing among them.  
They cast lots for my robe.  
O Lord, do not leave me alone,  
my strength, make haste to help me! **R.**

I will tell of your name to my brethren  
and praise you where they are assembled.  
'You who fear the Lord give him praise;  
all sons of Jacob, give him glory.  
Revere him, Israel's sons. **R.**

### **A reading from the letter of St Paul to the Philippians** 2:6-11

His state was divine,  
yet Christ Jesus did not cling  
to his equality with God but emptied himself  
to assume the condition of a slave  
and became as men are; and being as all men

are, he was humbler yet,  
even to accepting death, death on a cross.  
But God raised him high and gave him the name  
which is above all other names so that all beings  
in the heavens, on earth and in the underworld,  
should bend the knee at the name of Jesus  
and that every tongue should acclaim  
Jesus Christ as Lord,  
to the glory of God the Father.

The word of the Lord

### **Gospel Acclamation:**

#### **Praise to you, O Christ, King of eternal glory!**

Christ was humbler yet,  
even to accepting death, death on a cross.  
But God raised him high  
and gave him the name  
which is above all names.

#### **Praise to you, O Christ, King of eternal glory!**

### **Gospel: Mark** 15:1-39

**N.** First thing in the morning, the chief priests  
together with the elders and scribes – in short,  
the whole Sanhedrin – had their plan ready. They  
had Jesus bound and took him away and handed  
him over to Pilate.

Pilate questioned him:

**O.** Are you the king of the Jews?

**N.** He answered,

✠ It is you who say it.

**N.** And the chief priests brought many  
accusations against him. Pilate questioned him  
again:

**O.** Have you no reply at all? See how many  
accusations they are bringing against you!

**N.** But, to Pilate's amazement, Jesus made no  
further reply.

At festival time Pilate used to release a  
prisoner for them, anyone they asked for. Now a  
man called Barabbas was then in prison with the  
rioters who had committed murder during the  
uprising. When the crowd went up and began to  
ask Pilate the customary favour, Pilate answered  
them

**O.** Do you want me to release for you the king  
of the Jews?

**N.** For he realised it was out of jealousy that  
the chief priests had handed Jesus over. The  
chief priests, however, had incited the crowd to  
demand that he should release Barabbas for  
them instead. Then Pilate spoke again:

**O.** But in that case, what am I to do with the

man you call king of the Jews?

**N.** They shouted back,

**C.** Crucify him!

**N.** Pilate asked them,

**O.** Why? What harm has he done?

**N.** But they shouted all the louder,

**C.** Crucify him!

**N.** So Pilate, anxious to placate the crowd, released Barabbas for them and, having ordered Jesus to be scourged, handed him over to be crucified.

The soldiers led him away to the inner part of the palace, that is, the Praetorium, and called the whole cohort together. They dressed him up in purple, twisted some thorns into a crown and put it on him. And they began saluting him,

**C.** Hail, king of the Jews!

**N.** They struck his head with a reed and spat on him; and they went down on their knees to do him homage. And when they had finished making fun of him, they took off the purple and dressed him in his own clothes.

They led him out to crucify him: they enlisted a passer-by, Simon of Cyrene, father of Alexander and Rufus, who was coming in from the country, to carry his cross. They brought Jesus to the place called Golgotha, which means the place of the skull.

They offered him wine mixed with myrrh, but he refused it. Then they crucified him, and shared out his clothing, casting lots to decide what each should get. It was the third hour when they crucified him. The inscription giving the charge against him read: 'The King of the Jews.' And they crucified two robbers with him, one on his right and one on his left.

The passers-by jeered at him; they shook their heads and said,

**C.** Aha! So you would destroy the Temple and rebuild it in three days! Then save yourself: come down from the cross!

**N.** The chief priests and the scribes mocked him among themselves in the same way. They said,

**C.** He saved others; he cannot save himself. Let the Christ, the king of Israel, come down from the cross now, for us to see it and believe.

**N.** Even those who were crucified with him taunted him.

When the sixth hour came there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus cried out in a loud voice,

✠ Eloi, Eloi, lama sabachthani?

**N.** which means, 'My God, my God, why have you deserted me?' When some of those who stood by heard this, they said

**C.** Listen, he is calling on Elijah.

**N.** Someone ran and soaked a sponge in vinegar and, putting it on a reed, gave it him to drink, saying:

**O.** Wait and see if Elijah will come to take him down.

**N.** But Jesus gave a loud cry and breathed his last.

*All kneel and pause for a moment.*

And the veil of the Temple was torn in two from top to

bottom. The centurion, who was standing in front of him, had seen how he had died, and he said,

**O.** In truth this man was a son of God.

*(Please sit down in silence to reflect on the Passion of our Lord)*

## The Apostles Creed

I believe in God, the Father Almighty  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary *(all bow)*  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come  
to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## Communion Antiphon: Mt 26: 42

Father, if this chalice cannot pass without my drinking it, your will be done.

## NOTICES

**OLOL FINANCE:** Thank you very much for your generosity. Last week you gave:

Standing Orders: £1,016; Dona: £65.89; Mass stipends (online): £30; Cantonese Mass & Hall: £138.01

Cheques payable to OLOL & SJF PARISH. Bank transfer details: Barclays Bank UK Plc., Sort code: 20-17-20, Account number 03187 187. Please note that although this is named as a parish account it is in fact the Sawston account.

**CHRISM MASS** is on Tuesday 26th March at 11.30am at Saint John the Baptist Cathedral, NR2 2PA. The free coach leaves Cambourne at 8.30am, and Sawston at 9am. Please put your name on the list in the church porch.

## SJF CAMBOURNE

**Święconka** – Holy Saturday Sat 30th March, 14:00 – help needed with hospitality: can you bring small cakes, biscuits and help serve them to our Polish sisters and brothers, or lead a couple of Polish hymns? Contact Mel: 07565 972427

**Bible Timeline** – part II. These sessions will restart on Thu 4th April, 19:00 at the Blue Space, Cambourne Contact Mary (mary@mansfield.co.uk) or Najra (najram@hotmail.com)

## LOLO SAWSTON

**WELCOME FR VINCE** from the Institute of the Incarnate Word to OLOL from Thursday 4<sup>th</sup> to Sunday 7<sup>th</sup> March 2024. He leads a retreat for the Cantonese Community, and celebrates English Mass at 9.30 am on Friday and 8.45 am on Sunday.

**IS IT POSSIBLE TO BE PERFECT** is a lecture given by Fr Gregory Pine, OP, at OLEM on Wednesday, 1st May 2024 at 7pm. Everybody is welcome.

**Cambridge Month of Accompanied Prayer, Easter 2024** is the chance for a weekly meeting with a trained guide, either face to face or via zoom or phone from 15th April-10th May. There will be no charge for participation. The closing date for applications is Monday 25th March or very soon after. The introductory session via zoom is on Thursday, 11th April from 7 to 8pm. The in-person opening session will be held in the chapel at 7 Brookside, CB2 1JE on Friday, 12th April from 2- 3pm. If you are interested, please email Judy at [cambsprayer@gmail.com](mailto:cambsprayer@gmail.com) for more details and an application form. If you would like to find out more by phone you can contact Kay: 07786910406 or Romie: 07941862435.

**COMPOSTELLA:** Bishop Peter Collins will lead the pilgrimage, walking the Camino de Santiago (The Way of St James) from July 22<sup>nd</sup> to 29th. If you are age 18 – 30, why not come and join us. For further information, please visit: [www.rcdea.org.uk/youth/](http://www.rcdea.org.uk/youth/), and email [dys@rcdea.org.uk](mailto:dys@rcdea.org.uk), or phone 01508 486236, for booking information.

**Diocesan Marriage and Family Life Mass** is on Saturday June 1, at 11.30am at Saint John the Baptist's Cathedral, Earlham Road, Norwich, NR2 2PA. Couples who are celebrating special wedding anniversaries this year, please email Dr Antonia [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk) for more information.

**EAST ANGLIA ANTI-SLAVERY GROUP** is appealing for more volunteers. If you would like to join, please email [john\\_simong@hotmail.com](mailto:john_simong@hotmail.com) for more information.

**IGNITE FESTIVAL 4th - 5th May 2024 in Bury St. Edmunds (Suffolk)** is an annual youth event run by the the Youth Service of the Roman Catholic Diocese of East Anglia for anyone in Year 8 or above.

So if you want a fun weekend and get to know Jesus, better along with around two hundred other young Catholics, then come to the Ignite Festival! Powerful talks, passionate prayer, live music, and Mass with our Bishop are a few of the things that make up an amazing weeked! There is also the option of staying until the Monday to take part in our pilgrimage to Walsingham. For booking, see [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk)

**ESCORTED TOUR** to Westport, Knock & Co Mayo, 26<sup>th</sup> May 2024. £899.00 pps. Price includes flight, 10kg hold luggage, 5 nights' in 4\* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Ashford Castle. Single supplement on Enquiry. Email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com) or phone Patricia / Natali on 01268 762 278 or 07740 175557.

**The next Retrouvaille programme** is in Welwyn Garden City, Hertfordshire from 14-16 June 2024 with 12 virtual post sessions on Wednesdays thereafter. Please help the couples in distress or crisis by spreading the news about this programme. Visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) for further information or contact us on 07961 391889 (Caroline) and 07884 490235 (Michael).

**ANNUAL LOURDES PILGRIMAGE** from Friday 23th – Friday 30th August 2024 by the Catholic Association for our Diocese and others. It provides a unique opportunity to gather in Lourdes, to pray and journey together in faith. It is a time to stand apart from the rigours of life and seek the peace, healing, and grace which a pilgrimage experience can afford. For booking / more information, please visit [www.tangney-tours.com/tours-and-pilgrimages/diocese-ca-stn/](http://www.tangney-tours.com/tours-and-pilgrimages/diocese-ca-stn/) or phone 01732 886666

**CATHOLIC HERALD** is now a monthly magazine with the contributions of leading Catholic authors. Please visit <https://catholicherald.co.uk> for more information and subscription.

**A retreat for Catholic singles** at the Christian Heritage Centre (Stonyhurst) from Saturday 4th to Sunday 5th May 2024. For more information / booking, visit <https://christianheritagecentre.com/events/called-to-love/>